

# Gabriel Shaw, B.Sc, P.Kin, CSEP-CEP

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**Mission:** Bring people together on the path of self-discovery through healthful practices and fulfilling disciplines.

## QUALIFICATIONS:

- Certified Exercise Physiologist (CSEP)
- Kinesiologist (BCAK)
- Group Strength Instructor
- Tai Chi Instructor (700 hr)
- First Aid Instructor Cert.
- Emergency Medical Technician
- Black Belt (Kung Fu)

## SPECIALTIES:

- Dissolving tension/stress
- Teaching groups
- Pediatric/geriatric & occupational populations
- Business management
- People skills
- Customer Service

## VOLUNTEERING:

NEUROECONOMICS LAB  
**EEG Researcher**  
University of Victoria  
2016 to present.

EMERGENCY SERVICES  
**Station Supervisor**  
Black Rock City, NV  
Summers, 2011 to present.

YMCA DOWNTOWN  
**TRX Bootcamp Instructor**  
Victoria, BC, 2014 to 2015.

## CAREER:

### ISLAND HAND THERAPY CLINIC

#### **Kinesiologist – Return to Work Coordinator**

- Graduated Return to Work (GRTW) Planning
- Liaise with Client, Therapist, Employer, WSBC, Physician
- Job Demands Analysis

Victoria, BC • 2018 to present.

### FIERCE STUDIO: MARTIAL ARTS & YOGA

#### **Manager & Instructor**

- Tai Chi, Kids Jiu Jitsu & Interval Training Instructor
- Customer Service, Memberships, Reporting, Marketing
- Hiring, Training, Scheduling

Victoria, BC • 2014 to present.

### ALERT FIRST AID

#### **Red Cross First Aid Instructor**

- 8-16 hr courses in Standard, Emergency & Marine First Aid
- Adult, Child & Healthcare Provider CPR
- Taught Nurses, Dentists, Therapists, Law Enforcement, etc.

Victoria, BC • 2014 to 2017.

### MEMORIAL HOSPITAL EMERGENCY DEPARTMENT

#### **Emergency Medical Technician**

- Splinting, Casting, IV Therapy, Phlebotomy, Sample Handling
- ECG, X-Ray, CT Imaging
- Pediatrics, Geriatrics, Bariatrics, Mental Health

Colorado Springs, CO • 2011 to 2013.

## EDUCATION:

### BACHELOR OF SCIENCE, KINESIOLOGY

#### **Dept. of Exercise Science, Physical and Health Ed. (EPHE)**

University of Victoria (2018)

### EMERGENCY MEDICAL TECHNICIAN

**Westmed College**, San Jose, CA (2011)