

Gabriel Shaw, B.Sc, P.Kin, CSEP-CEP

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Mission: Bring people together on the path of self-discovery through healthful practices and fulfilling disciplines.

QUALIFICATIONS:

- Certified Exercise Physiologist (CSEP)
- Kinesiologist (BCAK)
- Group Strength Instructor
- Tai Chi Instructor (700 hr)
- First Aid Instructor Cert.
- Emergency Medical Technician
- Black Belt (Kung Fu)

SPECIALTIES:

- Dissolving tension/stress
- Teaching groups
- Pediatric/geriatric & occupational populations
- Business management
- People skills
- Customer Service

VOLUNTEERING:

NEUROECONOMICS LAB

EEG Researcher

University of Victoria

2016 to present.

EMERGENCY SERVICES

Station Supervisor

Black Rock City, NV

Summers, 2011 to present.

YMCA DOWNTOWN

TRX Bootcamp Instructor

Victoria, BC, 2014 to 2015.

CAREER:

ISLAND HAND THERAPY CLINIC

Kinesiologist – Return to Work Coordinator

- Graduated Return to Work (GRTW) Planning
- Liaise with Client, Therapist, Employer, WSBC, Physician
- Job Demands Analysis

Victoria, BC • 2018 to present.

FIERCE STUDIO: MARTIAL ARTS & YOGA

Manager & Instructor

- Tai Chi, Kids Jiu Jitsu & Interval Training Instructor
- Customer Service, Memberships, Reporting, Marketing
- Hiring, Training, Scheduling

Victoria, BC • 2014 to present.

ALERT FIRST AID

Red Cross First Aid Instructor

- 8-16 hr courses in Standard, Emergency & Marine First Aid
- Adult, Child & Healthcare Provider CPR
- Taught Nurses, Dentists, Therapists, Law Enforcement, etc.

Victoria, BC • 2014 to 2017.

MEMORIAL HOSPITAL EMERGENCY DEPARTMENT

Emergency Medical Technician

- Splinting, Casting, IV Therapy, Phlebotomy, Sample Handling
- ECG, X-Ray, CT Imaging
- Pediatrics, Geriatrics, Bariatrics, Mental Health

Colorado Springs, CO • 2011 to 2013.

EDUCATION:

BACHELOR OF SCIENCE, KINESIOLOGY

Dept. of Exercise Science, Physical and Health Ed. (EPHE)

University of Victoria (2018)

EMERGENCY MEDICAL TECHNICIAN

Westmed College, San Jose, CA (2011)